



STRAWBERRY CHIA OVERNIGHT OATS 🍓

- ½ Cup old fashioned oats
- ½ Cup milk
- ¼ Cup Greek yogurt
- 1 Tsp pure maple syrup
- ¼ Tsp vanilla extract
- 1 ½ Tsp chia seeds
- ¼ Cup sliced Bobalu strawberries

Place all ingredients except for the strawberries in a mason jar or bowl. Cover tightly with lid and shake to combine (or stir). Refrigerate overnight. When ready to serve, stir, and then top with sliced strawberries. Overnight oats are often eaten cold, but if desired you may warm them in the microwave.